## **Edinburgh Napier University**

## Useful Contacts at Edinburgh Napier

Edinburgh Nightline

0131 557 4444 www.ednightline.com Edinburgh Nightline is a confidential support and information service, run by students, for students. We are anonymous, we don't judge, and we're here to listen. You can talk to us about anything. We're open every night of term from 8pm to 8am. For more specific resources, see the database on our website.

Counselling Service

counselling@napier.ac.uk

If you are experiencing difficulties with your mental health, drop an email to the counselling service or call at 0131 455 2459. Follow the link for drop-in times with the service: https://my.napier.ac.uk/Wellbeing-and-Support/Counselling/Pages/Drop-in.aspx

ENSA Advice

0131 229 8791

ensa.advice@napier.ac.uk

Things not going well? Got a query? Get in touch with ENSA Advice (formerly 'ISAS') for free, independent, confidential and comprehensive advice on campus. ENSA Advice is staffed by a team of professional advisers who are here to help whenever you are experiencing difficulties.

Advice, information and support about any welfare issue from tuition fees & money problems to health, accommodation & visas and more...If they cannot answer your question, they will find someone who can.