



Religious and Religious Helplines

General Information

- BBC- Religions (info) has information on major world religion and interfaith dialogue <http://www.bbc.co.uk/religion/religions/>
- BBC-Ethics (info) on religion, religious ethics and current moral debates in the face of belief. <http://www.bbc.co.uk/ethics/>

Specific Religion

Islam

- Muslim Youth Helpline (helpline) <https://myh.org.uk/>

Christianity

- Christian Premier Lifeline <http://www.premierlifeline.org.uk/>
- Nationwide Christian Trust Prayerline (helpline)
<https://nationwidechristiantrust.com/prayerline>

Sikhism

- Sikh Helpline (helpline/email) <https://www.sikhhelpline.com/>