

# **Disability**

#### Services for Disabled Students

 Durham University Support for Disabled Students (email/FAQs) https://www.dur.ac.uk/disability.support/

#### General

- Government Information: Disabled People (info) http://www.direct.gov.uk/DisabledPeople/fs/en
- Disability Rights UK (helpline/email) provides help for students on different aspects from financial assistance, to living in a university environment with a disability. <a href="https://www.disabilityrightsuk.org/how-we-can-help/helplines/disabled-students-helpline">https://www.disabilityrightsuk.org/how-we-can-help/helplines/disabled-students-helpline</a>
- Scope (helpline/email) can answer questions about benefits, finance, social care, work, and assistive technology.
  <a href="https://www.scope.org.uk/helpline/#:~:text=Scope's%20helpline%20provides%20free%2C%20independent,%40scope.org.uk">https://www.scope.org.uk/helpline/#:~:text=Scope's%20helpline%20provides%20free%2C%20independent,%40scope.org.uk</a>.

# Types of Disabilities

### Learning disability

- MENCAP (helpline/email/form) provides general help for those with learning disabilities in many different sectors including education, housing, supported living and welfare services. <a href="https://www.mencap.org.uk/advice-and-support/our-services/learning-disability-helpline">https://www.mencap.org.uk/advice-and-support/our-services/learning-disability-helpline</a>
- British Dyslexia Association (helpline)
  <a href="https://www.bdadyslexia.org.uk/services/helpline">https://www.bdadyslexia.org.uk/services/helpline</a>
- ADHDUK (support groups/ drop-in advice clinics) https://adhduk.co.uk/support/
- ADHDcare (helpline/ email/info) provides information and signposting for anyone with ADHD <a href="https://www.adhdcare.co.uk/?p=online.resources">https://www.adhdcare.co.uk/?p=online.resources</a>

## Mobility impairment

Amputation Foundation (helpline/email/support groups/hospitals & clinics/legal support/benefits information)
 <a href="https://amputationfoundation.org/contact/">https://amputationfoundation.org/contact/</a>

#### Blindness

- Colourblindness (info) https://www.colourblindawareness.org/
- Royal National Institute of Blind People provides emotional support and straightforward advice <a href="https://www.rnib.org.uk/">https://www.rnib.org.uk/</a> Helpline: 0303 123 9999.

 NHS advice pack for anyone with vision loss https://www.nhs.uk/conditions/vision-loss/

#### **Deafness**

 RNID: National hearing loss charity (info/ live chat/email/BSL/helpline/text) gives information and support for deaf people and those with hearing loss. https://rnid.org.uk/about-us/contact-us/

#### **Deafblindness**

 DeafBlindUK (helpline/SMS/BSL relay/text relay/email/web forms) https://deafblind.org.uk/contact-us/

### Dyspraxia

 Dyspraxia Foundation (helpline/info) https://dyspraxiafoundation.org.uk/helpline/

# **Demographic-Specific**

## LGBT Disability

- Change- Outspoken (online peer support groups) has peer support programs for LGBT+ autistic people and those who have a learning disability. <a href="https://www.changepeople.org/our-work/outspoken">https://www.changepeople.org/our-work/outspoken</a>
- Switchboard (online peer support group) has a Zoom meeting fortnightly facilitated by queer disabled person. <a href="https://www.switchboard.org.uk/what-we-do/disability-and-neurodiversity-group/">https://www.switchboard.org.uk/what-we-do/disability-and-neurodiversity-group/</a>

# **PoC Disability**

Black Disabled People's Association (email/phone)
 <a href="https://cindex.camden.gov.uk/kb5/camden/cd/service.page?id=q7b9WxAhqE">https://cindex.camden.gov.uk/kb5/camden/cd/service.page?id=q7b9WxAhqE</a>
 <a href="https://cindex.camden.gov.uk/kb5/camden/cd/service.page?id=q7b9WxAhqE">https://cindex.camden.gov.uk/kb5/camden/cd/service.page?id=q7b9WxAhqE</a>